

## OVERVIEW

Tom is an experienced project manager, with an MSc in Energy & Sustainable Development. He is also experienced working with people on behaviour change and has delivered projects with groups as diverse as Olympic athletes and NHS patients.

Previously Tom has spent three years working in the corporate sector delivering behaviour change initiatives based around increasing workplace health. Prior to that Tom was based at the University of Essex where he combined lecturing with specialist outreach projects.

As Senior Consultant of Building Performance Solutions at LCMB, Tom is bringing together the performance of building users with their buildings to produce solutions that reduce operating costs whilst at the same time improving staff productivity and wellbeing. Tom is project managing the Innovate UK Whole Life Performance Plus project which will validate the link between indoor environmental conditions and staff performance, and produce consultancy and technical solutions to deliver changes in the workplace.



- MSc Climate Change & Sustainable Development
- MSc Sports & Exercise Science
- Project management
- University lecturer
- Employee health and productivity
- Pro-environmental behaviour change
- Performance and optimisation specialist
- Sustainable travel initiatives such as workplace walking and physical activity programmes; workplace travel plans
- Managing projects for local authorities, the NHS and DWP